

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 50 Free
1st Team**

1	24.08	Y L	F	Averie Hager	10	SAGH	12/1/2023	2023 South Zone TISCA
2	24.84	Y	F	Juliann Little	12	ELCA	2/15/2024	2024 4A State Meet
3	25.02	Y L	F	Holly VanderWeele	11	SAGH	2/2/2024	2024 Region 4-4A Champs
4	25.15	Y	F	Maia Fuchs	11	FRED	2/2/2024	2024 Region 4-4A Champs
5	25.33	Y	F	Gracyn Haas	11	BURK	2/1/2024	2024 Region 1-4A Champs
6	25.48	Y	F	Eden Addison	12	FRPC NT	12/1/2023	4A TISCA NT
7	25.53	Y L	F	Avery Whorton	10	FRPC NT	2/2/2024	2024 Region 2-4A Champs
8	25.54	Y	P	Naomi Low	09	CCCA	2/2/2024	2024 Region 4-4A Champs

2nd Team

9	25.58	Y L	F	Cadence Alford	11	SAGH	2/15/2024	2024 4A State Meet
10	25.62	Y	F	Lexi McLemore	10	IOPA	2/1/2024	2024 Region 1-4A Champs
11	25.93	Y	F	Abigail Miksch	10	WECO	2/15/2024	2024 4A State Meet
12	26.05	Y L	F	Kaylee Larson	12	CCCA	2/2/2024	2024 Region 4-4A Champs
13	26.09	Y	P	Cora Eckard	10	FRPC NT	12/1/2023	4A TISCA NT
14	26.10	Y	F	Dana Chau	12	FRPC NT	2/2/2024	2024 Region 2-4A Champs
15	26.15	Y	F	Sophie Murgo	11	SAGH	2/2/2024	2024 Region 4-4A Champs
16	26.18	Y L	P	Sophie Stowers	10	FRBP	2/15/2024	2024 4A State Meet

Honorable Mention

17	26.33	Y	P	Claire York	09	GHNO	12/1/2023	2023 South Zone TISCA
18	26.37	Y	F	Sarah Livesay	11	SAGH	2/15/2024	2024 4A State Meet
19	26.50	Y	P	Brinley Robinson	10	BOER	2/2/2024	2024 Region 4-4A Champs
20*	26.53	Y L	F	London Mellon	10	CODA	2/15/2024	2024 4A State Meet
20*	26.53	Y L	F	Riley Wallis	12	ELCA	1/12/2024	Coastal Bend TISCA Zone 2024
22*	26.58	Y L	F	Caroline Lunsford	11	BURN	2/15/2024	2024 4A State Meet
22*	26.58	Y	F	Lauren Lundy	12	HALV	1/19/2024	2024 14-4A District 14-4A Champs
24	26.60	Y L	F	Kenzi Hays	10	DECA NT	12/7/2023	North Dallas Tisca23

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 100 Free
1st Team**

1	51.36 Y	F	Jaylee Hager	10	SAGH	12/1/2023	2023 South Zone TISCA
2	52.65 Y L	F	Averie Hager	10	SAGH	2/2/2024	2024 Region 4-4A Champs
3	53.08 Y L	F	Avery Whorton	10	FRPC NT	2/15/2024	2024 4A State Meet
4	54.34 Y	F	Lillian Pifer	11	UNCR	2/15/2024	2024 4A State Meet
5	54.39 Y L	F	Holly VanderWeele	11	SAGH	2/15/2024	2024 4A State Meet
6	54.60 Y	F	Juliann Little	12	ELCA	2/2/2024	2024 Region 3-4A Champs
7	54.90 Y	F	Maia Fuchs	11	FRED	2/2/2024	2024 Region 4-4A Champs
8	55.04 Y	P	Zoey Hall	12	DECA NT	2/15/2024	2024 4A State Meet

2nd Team

9	55.17 Y	F	Cadence Alford	11	SAGH	2/15/2024	2024 4A State Meet
10	55.20 Y	F	Cora Eckard	10	FRPC NT	2/2/2024	2024 Region 2-4A Champs
11	55.63 Y	F	Issabella Cardenas	10	HAFa	2/15/2024	2024 4A State Meet
12	55.91 Y	F	Eden Addison	12	FRPC NT	12/1/2023	4A TISCA NT
13	56.62 Y	F	Ella Middlebrooks	10	NCWF	2/2/2024	2024 Region 3-4A Champs
14	56.69 Y	F	Kaylee Larson	12	CCCA	2/2/2024	2024 Region 4-4A Champs
15	56.73 Y	F	Lynlee Spinhirne	SR	VEGA	11/17/2023	2023 4A TISCA
16	56.78 Y L	F	Savina Smith	09	GEGA	2/15/2024	2024 4A State Meet

Honorable Mention

17	57.13 Y L	F	Riley Wallis	12	ELCA	2/15/2024	2024 4A State Meet
18	57.14 Y	F	Abigail Miksch	10	WECO	2/2/2024	2024 Region 3-4A Champs
19*	57.56 Y	F	Jayde Morgan	9	LUMB	1/6/2024	2024 Houston Area TISCA Champs
19*	57.56 Y	F	Elizabeth Bell	9	CRRA	2/2/2024	2024 Region 2-4A Champs
21	57.61 Y	P	Caroline Lunsford	11	BURN	2/15/2024	2024 4A State Meet
22	57.75 Y	F	Hannah Montoya	10	ANDR	2/1/2024	2024 Region 1-4A Champs
23	58.36 Y L	P	Ella Van Dusen	11	CODA	11/17/2023	2023 4A TISCA
24	58.39 Y L	F	Naomi Low	09	CCCA	2/15/2024	2024 4A State Meet

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 200 Free
1st Team**

1	1:47.59	Y	F	Jaylee Hager	10	SAGH	2/15/2024	2024 4A State Meet
2	1:54.91	Y	F	Eden Addison	12	FRPC NT	2/15/2024	2024 4A State Meet
3	1:55.42	Y	F	Avery Whorton	10	FRPC NT	12/1/2023	4A TISCA NT
4	1:57.27	Y	F	Jenny Pickens	11	CCCA	2/15/2024	2024 4A State Meet
5	1:58.85	Y	F	Cadence Alford	11	SAGH	2/15/2024	2024 4A State Meet
6	1:59.08	Y	F	Isasabella Cardenas	10	HAFa	2/15/2024	2024 4A State Meet
7	2:03.55	Y	F	Holly VanderWeele	11	SAGH	12/1/2023	2023 South Zone TISCA
8	2:04.19	Y	F	Taryn Welch	11	CODA	11/17/2023	2023 4A TISCA

2nd Team

9	2:05.33	Y	F	Lynlee Spinhirne	SR	VEGA	11/17/2023	2023 4A TISCA
10	2:06.36	Y	F	Naomi Low	09	CCCA	2/2/2024	2024 Region 4-4A Champs
11	2:07.31	Y	P	Kaylee Brus	9	ANDR	2/15/2024	2024 4A State Meet
12	2:07.41	Y	F	Cassidy Kothmann	10	FRED	2/2/2024	2024 Region 4-4A Champs
13	2:08.39	Y	F	Cuba Eckard	10	FRPC NT	2/2/2024	2024 Region 2-4A Champs
14	2:08.80	Y	F	Samarrah Hernandez	11	MONA	2/1/2024	2024 Region 1-4A Champs
15	2:10.90	Y	P	Kady Martinez	10	DECA NT	2/1/2024	2024 Region 1-4A Champs
16	2:11.14	Y	F	Lorelyn Lopez	9	PECO	1/19/2024	2024 2-4A District Champs

Honorable Mention

17	2:11.73	Y	F	Claire Thomas	10	BNTW	2/2/2024	2024 Region 4-4A Champs
18	2:11.99	Y	P	Hannah Montoya	10	ANDR	12/1/2023	4A TISCA NT
19	2:12.93	Y	F	Rachel Beatty	11	ANDR	2/15/2024	2024 4A State Meet
20	2:13.50	Y	F	Lucie Frick	12	BACT	2/2/2024	2024 Region 3-4A Champs
21	2:14.59	Y	F	Karen Gray	09	BOER	2/2/2024	2024 Region 4-4A Champs
22	2:15.72	Y	F	Kaylee Riley	10	MONA	2/1/2024	2024 Region 1-4A Champs
23	2:16.59	Y	F	Whitney Larson	09	CCCA	2/2/2024	2024 Region 4-4A Champs
24	2:16.69	Y	P	Leigh Jackson	12	CODA	11/17/2023	2023 4A TISCA
25	2:18.70	Y	P	Sara Colyer	09	WIMB	2/2/2024	2024 Region 4-4A Champs

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 500 Free
1st Team**

1	4:59.73	Y	F	Averie Hager	10	SAGH	2/15/2024	2024 4A State Meet
2	5:07.32	Y	F	Eden Addison	12	FRPC NT	2/15/2024	2024 4A State Meet
3	5:18.41	Y	F	Jenny Pickens	11	CCCA	2/15/2024	2024 4A State Meet
4	5:19.29	Y	F	Reagan Hix	10	CELI	2/15/2024	2024 4A State Meet
5	5:22.90	Y	P	Ava Valchar	SO	NEED ST	2/15/2024	2024 4A State Meet
6	5:26.05	Y	F	Cora Eckard	10	FRPC NT	12/1/2023	4A TISCA NT
7	5:31.72	Y	F	Cadence Alford	11	SAGH	11/17/2023	2023 4A TISCA
8	5:34.89	Y	F	Taryn Welch	11	CODA	11/17/2023	2023 4A TISCA

2nd Team

9	5:41.91	Y	P	Jayde Morgan	9	LUMB	2/15/2024	2024 4A State Meet
10	5:45.00	Y	P	Kaylee Brus	9	ANDR	2/15/2024	2024 4A State Meet
11	5:48.70	Y	P	Claire Thomas	10	BNTW	2/15/2024	2024 4A State Meet
12	5:50.04	Y	F	Karen Gray	09	BOER	2/15/2024	2024 4A State Meet
13	5:52.23	Y	F	Libby Vaughan	10	BOYD	2/15/2024	2024 4A State Meet
14	5:53.69	Y	F	Audie Meucci	09	COCL	1/19/2024	2024 14-4A District 14-4A Champs
15	5:55.91	Y	P	Kady Martinez	10	DECA NT	2/1/2024	2024 Region 1-4A Champs
16	6:02.84	Y	P	Skylar Worden	11	GEGA	11/17/2023	2023 4A TISCA

Honorable Mention

17	6:03.56	Y	F	Lynlee Spinhirne	12	VEGA	12/1/2023	4A TISCA NT
18	6:03.59	Y	F	Annabelle Griffin	10	CCTM	1/12/2024	Coastal Bend TISCA Zone 2024
19	6:03.69	Y	F	Hannah Montoya	10	ANDR	12/1/2023	4A TISCA NT
20	6:05.35	Y	F	Rachel Beatty	11	ANDR	2/15/2024	2024 4A State Meet
21	6:06.41	Y	F	Kenzi Hays	10	DECA NT	12/7/2023	North Dallas Tisca23
22	6:08.74	Y	F	Kaylee Riley	10	MONA	1/19/2024	2024 2-4A District Champs
23	6:11.67	Y	P	Bethany Mueller	10	SAGH	2/15/2024	2024 4A State Meet
24	6:15.70	Y	F	Brynlie Tappe	SR	BURN	11/17/2023	2023 4A TISCA

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 100 Back
1st Team**

1	56.36 Y	F	Jaylee Hager	10	SAGH	2/15/2024	2024 4A State Meet
2	59.63 Y	F	Sophie Stowers	10	FRBP	2/15/2024	2024 4A State Meet
3	1:01.10 Y	F	Lynlee Spinhirne	12	VEGA	2/1/2024	2024 Region 1-4A Champs
4	1:01.61 Y	F	Zoey Hall	12	DECA NT	2/15/2024	2024 4A State Meet
5	1:02.28 Y	F	Cora Eckard	10	FRPC NT	2/2/2024	2024 Region 2-4A Champs
6	1:02.41 Y	F	Savina Smith	09	GEGA	2/15/2024	2024 4A State Meet
7	1:03.35 Y	F	Glory Sansano	10	SAGH	2/15/2024	2024 4A State Meet
8	1:04.10 Y	F	Joslin Corea	10	UNCR	2/2/2024	2024 Region 4-4A Champs

2nd Team

9	1:04.68 Y	P	Caroline Lunsford	11	BURN	2/2/2024	2024 Region 4-4A Champs
10	1:06.11 Y	F	Hannah Montoya	10	ANDR	2/1/2024	2024 Region 1-4A Champs
11	1:06.53 Y	F	Brinley Robinson	10	BOER	2/15/2024	2024 4A State Meet
12	1:06.70 Y	F	Caroline Lunsford	JR	BURN	11/17/2023	2023 4A TISCA
13	1:07.63 Y	F	Brenna Mccarty	12	BOER	11/17/2023	2023 4A TISCA
14	1:07.99 Y	F	Rose Dowell	9	CRRA	2/15/2024	2024 4A State Meet
15	1:08.47 Y	F	London Mellon	10	CODA	2/2/2024	2024 Region 4-4A Champs
16	1:08.83 Y	P	Shelby Westerman	10	ANDR	2/15/2024	2024 4A State Meet

Honorable Mention

17	1:08.86 Y	P	Madison Neace	10	MONA	2/1/2024	2024 Region 1-4A Champs
18	1:09.05 Y	F	Nicole Ryman	JR	VANV	2/15/2024	2024 4A State Meet
19	1:10.66 Y	P	Maia Fuchs	11	FRED	11/17/2023	2023 4A TISCA
20	1:11.46 Y	F	Jade Garcia	11	ALIC	1/19/2024	District 16-4A Championship
21	1:11.58 Y	F	Payton Zimmerman	10	MONA	1/19/2024	2024 2-4A District Champs
22	1:11.92 Y	F	Delaney Bedford	12	FRED	2/2/2024	2024 Region 4-4A Champs
23	1:11.98 Y	F	Rebecca Putzolu	11	CCCA	2/2/2024	2024 Region 4-4A Champs
24	1:12.05 Y	P	Ashley Reyna	09	NCWF	2/2/2024	2024 Region 3-4A Champs

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 100 Breast
1st Team**

1	1:07.51	Y	P	Riley Wallis	12	ELCA	12/1/2023	2023 South Zone TISCA
2	1:09.06	Y	P	Jayde Morgan	9	LUMB	2/15/2024	2024 4A State Meet
3	1:10.91	Y	F	Kasie Lopez	12	LUHU	2/15/2024	2024 4A State Meet
4	1:11.30	Y	F	Sarah Livesay	11	SAGH	2/2/2024	2024 Region 4-4A Champs
5	1:11.52	Y	F	Kenzi Hays	10	DECA NT	2/15/2024	2024 4A State Meet
6	1:11.54	Y	P	Ella Parsons	12	BOER	2/15/2024	2024 4A State Meet
7	1:11.95	Y	P	Lauren Summers	09	BOER	2/15/2024	2024 4A State Meet
8	1:12.18	Y	P	Savina Smith	09	GEGA	11/17/2023	2023 4A TISCA

2nd Team

9	1:12.97	Y	P	Annabelle Griffin	10	CCTM	11/17/2023	2023 4A TISCA
10	1:13.94	Y	F	Reagan Hix	10	CELI	2/15/2024	2024 4A State Meet
11	1:14.01	Y	F	Lynlee Spinhirne	12	VEGA	1/12/2024	Coastal Bend TISCA Zone 2024
12	1:14.26	Y	F	Kathryn Chilton	10	ELCA	2/2/2024	2024 Region 3-4A Champs
13	1:14.40	Y	P	Skylar Worden	11	GEGA	11/17/2023	2023 4A TISCA
14	1:14.66	Y	F	Cassidy Davis	11	WIMB	2/2/2024	2024 Region 4-4A Champs
15	1:15.02	Y	F	Holly VanderWeele	11	SAGH	11/17/2023	2023 4A TISCA
16	1:16.46	Y	F	Keyla Jimenez	12	PECO	1/19/2024	2024 2-4A District Champs

Honorable Mention

17	1:16.47	Y	F	Sarahie Barcenas	11	MONA	2/1/2024	2024 Region 1-4A Champs
18	1:16.59	Y	P	Leanna Lazo	11	CCTM	2/15/2024	2024 4A State Meet
19	1:18.63	Y	F	Teresa Cannon	11	SAGH	2/2/2024	2024 Region 4-4A Champs
20	1:19.39	Y	F	Sadee Casey	10	MONA	1/19/2024	2024 2-4A District Champs
21	1:21.03	Y	P	D'lee Dillard	11	GEGA	2/2/2024	2024 Region 4-4A Champs
22	1:21.14	Y	P	Ella Van Dusen	11	CODA	2/2/2024	2024 Region 4-4A Champs
23	1:21.32	Y	F	Kaylee Brus	9	ANDR	12/1/2023	4A TISCA NT
24	1:21.89	Y	P	Kealin Alford	09	MAFA	2/2/2024	2024 Region 4-4A Champs
25	1:21.96	Y	F	Ashlyn Havelka	12	CCTM	11/17/2023	2023 4A TISCA

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 100 Fly
1st Team**

1	55.25 Y	F	Averie Hager	10	SAGH	2/15/2024	2024 4A State Meet
2	56.23 Y	F	Avery Whorton	10	FRPC NT	2/15/2024	2024 4A State Meet
3	58.38 Y	P	Sophie Stowers	10	FRBP	2/15/2024	2024 4A State Meet
4	58.81 Y	F	Ava Valchar	SO	NEED ST	11/16/2023	TISCA-Gulf Invite 2023
5	1:01.09 Y	F	Holly VanderWeele	11	SAGH	2/2/2024	2024 Region 4-4A Champs
6	1:01.35 Y	F	Savina Smith	09	GEGA	11/17/2023	2023 4A TISCA
7	1:01.53 Y	F	Juliann Little	12	ELCA	12/1/2023	2023 South Zone TISCA
8*	1:01.88 Y	F	Lynlee Spinhirne	12	VEGA	2/15/2024	2024 4A State Meet
8*	1:01.88 Y	F	Claire York	09	GHNO	2/2/2024	2024 Region 4-4A Champs

2nd Team

10	1:01.99 Y	P	Lexi McLemore	10	IOPA	2/15/2024	2024 4A State Meet
11	1:02.86 Y	F	Jayde Morgan	9	LUMB	11/17/2023	2023 4A TISCA
12	1:03.49 Y	F	Gracyn Haas	11	BURK	1/20/2024	4-4A District Championship Meet
13	1:03.85 Y	F	Joslin Corea	10	UNCR	2/15/2024	2024 4A State Meet
14	1:04.29 Y	P	Samarrah Hernandez	11	MONA	12/1/2023	4A TISCA NT
15	1:05.77 Y	F	Cuba Eckard	10	FRPC NT	2/2/2024	2024 Region 2-4A Champs
16	1:06.44 Y	F	Ava Smith	12	GEGA	2/2/2024	2024 Region 4-4A Champs

Honorable Mention

17	1:07.15 Y	F	Brenna Mccarty	12	BOER	11/17/2023	2023 4A TISCA
18	1:07.48 Y	F	Glory Sansano	10	SAGH	11/17/2023	2023 4A TISCA
19	1:08.75 Y	F	Hannah Montoya	10	ANDR	11/17/2023	2023 4A TISCA
20	1:09.13 Y	F	Lauren Hansen	11	LUHU	11/17/2023	2023 4A TISCA
21	1:09.18 Y	F	Meilani Short	9	ANDR	2/15/2024	2024 4A State Meet
22	1:09.33 Y	F	Jade Garcia	11	ALIC	2/15/2024	2024 4A State Meet
23	1:10.18 Y	F	Allison Perez	11	CCTM	2/2/2024	2024 Region 4-4A Champs

**2024 T.I.S.C.A.
All-State
4A Girls**

**Women 200 IM
1st Team**

1	2:05.47	Y	F	Avery Whorton	10	FRPC NT	2/15/2024	2024 4A State Meet
2	2:10.95	Y	F	Ava Valchar	SO	NEED ST	11/16/2023	TISCA-Gulf Invite 2023
3	2:12.52	Y	F	Holly VanderWeele	11	SAGH	2/2/2024	2024 Region 4-4A Champs
4	2:15.85	Y	F	Lillian Pifer	11	UNCR	2/2/2024	2024 Region 4-4A Champs
5	2:17.78	Y	F	Lynlee Spinhirne	12	VEGA	1/12/2024	Coastal Bend TISCA Zone 2024
6	2:18.01	Y	F	Ella Middlebrooks	10	NCWF	2/2/2024	2024 Region 3-4A Champs
7	2:18.52	Y	F	Riley Wallis	12	ELCA	2/2/2024	2024 Region 3-4A Champs
8	2:19.78	Y	F	Kasie Lopez	12	LUHU	2/15/2024	2024 4A State Meet

2nd Team

9	2:21.70	Y	F	Jayde Morgan	9	LUMB	1/6/2024	2024 Houston Area TISCA Champs
10	2:22.14	Y	F	Sarah Heilesen	09	BOER	2/15/2024	2024 4A State Meet
11	2:22.83	Y	F	Cadence Alford	11	SAGH	11/17/2023	2023 4A TISCA
12	2:24.00	Y	F	Cassidy Davis	11	WIMB	2/2/2024	2024 Region 4-4A Champs
13	2:24.42	Y	F	Kenzi Hays	10	DECA NT	2/15/2024	2024 4A State Meet
14	2:26.50	Y	F	Kaylee Larson	12	CCCA	1/19/2024	District 16-4A Championship
15	2:27.27	Y	F	Annabelle Griffin	10	CCTM	1/19/2024	District 16-4A Championship
16	2:29.57	Y	P	Cuba Eckard	10	FRPC NT	12/1/2023	4A TISCA NT

Honorable Mention

17	2:29.58	Y	F	Skylar Worden	11	GEGA	2/15/2024	2024 4A State Meet
18	2:29.62	Y	F	Glory Sansano	10	SAGH	11/17/2023	2023 4A TISCA
19	2:30.94	Y	F	Nicole Ryman	JR	VANV	2/15/2024	2024 4A State Meet
20	2:30.96	Y	F	Elizabeth Bell	9	CRRA	2/15/2024	2024 4A State Meet
21	2:31.85	Y	F	Audie Meucci	09	COCL	2/2/2024	2024 Region 4-4A Champs
22	2:31.88	Y	P	Hannah Montoya	10	ANDR	11/17/2023	2023 4A TISCA
23	2:33.45	Y	F	Samarrah Hernandez	11	MONA	12/1/2023	4A TISCA NT
24	2:33.55	Y	F	Madison Neace	10	MONA	1/19/2024	2024 2-4A District Champs