

**Texas Interscholastic Swimming Coaches Association
All Region 5 Teams - 2024**

Girls - 1st Team All Region 5					Boys - 1st Team All Region 5				
Team	Name		Cap #	School	Team	Name		Cap #	School
MVP	Laila	Holloway	11	St. Agnes Academy	MVP				
1st	Alexa	Sayegh	8	St. Agnes Academy	1st				
1st	Lydia	Morehead	2	St. Agnes Academy	1st				
1st	Sofia	Brodie	12	St. Agnes Academy	1st				
1st	Emma	Dowd	5	St. Agnes Academy	1st				
1st	Maddie	Ponce de Leon	6	St. Agnes Academy	1st				
1st	Sienna	Morvant	17	St. Agnes Academy	1st				
1st	Emilia	Aguirre Duffy	1A	St. Agnes Academy	1st				
Girls - 2nd Team All Region 5					Boys - 2nd Team All Region 5				
2nd					2nd				
2nd					2nd				
2nd					2nd				
2nd					2nd				
2nd					2nd				
2nd					2nd				
2nd					2nd				
Girls - Honorable Mention All Region 5					Boys - Honorable Mention All Region 5				
HM					HM				
HM					HM				
HM					HM				
HM					HM				
HM					HM				
HM					HM				
HM					HM				
HM					HM				
HM					HM				
Girls - Specialty Awards					Boys - Specialty Awards				
MVP	Laila	Holloway	11	St. Agnes Academy	MVP				
Newcomer of the year	Tara	Willemse	16	St. Agnes Academy	Newcomer of the year				
Offensive Player of the Year	Livy	Guyre	4	St. Agnes Academy	Offensive Player of the Year				
Defensive Player of the Year	Luna	Al-Ramahi	3	St. Agnes Academy	Defensive Player of the Year				
Goalkeeper of the year	Alannah	Grimes	1	St. Agnes Academy	Goalkeeper of the year				
Coach of the Year	Kaitlin	Kelley		St. Agnes Academy	Coach of the Year				

* names are sorted alphabetically by last name