

<p align="center">Texas Interscholastic Swimming Coaches Association All Region 3 Teams - 2025</p>	
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Girls - 1st Team All Region 3							Boys - 1st Team All Region 3					
Team	Name		Grade	Cap #	School		Team	Name		Grade	Cap #	School
MVP	Cassidy	Jacks	JR	5	Foster		MVP	Andrew	Koelzer	JR	8	Foster
1st	Kim	Kulow	JR	7	Austin		1st	Logan	Acayan	SR	1	Foster
1st	Liliana	Lacefield	SO	8	Bridgeland		1st	Hudson	Cope	JR	2	Foster
1st	Megan	Murphy	JR	2	Cy Ranch		1st	Gabe	Lucero	SR	11	Foster
1st	Paige	Olson	SO	3	Foster		1st	Ethan	Molina	JR	4	Foster
1st	Addison	Olson	SR	4	Foster		1st	Shiv	Patel	SO	7	Bridgeland
1st	Isabella	Salazar	SR	8	Foster		1st	Luke	Welton	JR	2	Westlake
Girls - 2nd Team All Region 3							Boys - 2nd Team All Region 3					
2nd	Chloe	Cheatham	SR	5	Bridgeland		2nd	Andreas	Altuve Mendez	SR	8	Memorial
2nd	Emmie	Hanvey	SR	1	Stratford		2nd	Pierce	Green	JR	5	Westlake
2nd	Julie	Jordan	SR	1	Westlake		2nd	Thomas	Karnezis	JR	9	Foster
2nd	Isabella	Phelps	SO	6	Foster		2nd	Tucker	Lebeau	JR	17	Foster
2nd	Allee	Prol	SO	2	Westlake		2nd	Samuel	Lopez Fernan	SO	22	Bridgeland
2nd	Ollie	Richardson	JR	9	Bridgeland		2nd	Nick	Musil	JR	8	Westlake
2nd	Eva	Salinas	JR	1	Bridgeland		2nd	Ace	Shirley	SR	3	Cy Ranch
Girls - Honorable Mention All Region 3							Boys - Honorable Mention All Region 3					
HM	Jasmine	Brown	SR	1	Foster	HM	Alessandro	Casadei-Malavasi	SR	8	Bridgeland	
HM	Rena	Chopin	SO	1	Cedar Ridge	HM	Silas	Chamas	SO	1	Westlake	
HM	Naroo	Eizmendi	JR	8	George Ranch	HM	Ronald	Chou	SR	16	Round Rock	
HM	Alyssa	Holtman	SR	12	Foster	HM	Wade	Hicks	JR	10	Stratford	
HM	Abby	Linehan	SO	12	Clements	HM	Mason	Magrini	JR	1	Bridgeland	
HM	Caylee	Londono	SR	6	Ridgepoint	HM	Cade	Nilsson	FR	10	Travis	
HM	Angelina	Smith	SR	18	Cy Ranch	HM	Ozan	Ozturk	SR	3	Austin	
Girls - Specialty Awards						Boys - Specialty Awards						
MVP	Cassidy	Jacks	JR	5	Foster	MVP	Andrew	Koelzer	JR	8	Foster	
Newcomer of the year	Gigi	Deguisse	SO	13	Cy Ranch	Newcomer of the year	Henry	Rodriguez	FR	10	Cy Ranch	
Offensive Player of the Year	Kim	Kulow	JR	7	Austin	Offensive Player of the Year	Luke	Welton	JR	2	Westlake	
Defensive Player of the Year	Addison	Olson	SR	4	Foster	Defensive Player of the Year	Andreas	Altuve Mendez	SR	8	Memorial	
Goalkeeper of the year	Emmie	Hanvey	SR	1	Stratford	Goalkeeper of the year	Logan	Acayan	SR	1	Foster	
Coach of the Year	Nikolas	Koelzer			Foster	Coach of the Year	Nikolas	Koelzer			Foster	
* names are sorted alphabetically by last name												